Developing Self-regulating Learners was written as a resource for any educator interested in learning more about self-regulated learning (SRL) and how to support the development of self-regulating learners. It is also an ideal text for Teacher Education and graduate-level courses in educational psychology, special education, and classroom practice. The book is organized into three parts:

**Part One** presents “portraits of SRL” that help educators define self-regulated learning, consider why fostering SRL is so important, and see relationships between SRL, social-emotional learning, and executive functioning.

**Part Two** describes and illustrates SRL-promoting practices. Chapters in this section describe: how educators can establish safe and supportive learning environments that foster rich forms of learning and SRL; key guidelines educators can follow when building SRL-promoting practices; how educators can design activities and tasks that create opportunities for rich forms of learning and self-regulation; how educators can weave explicit supports for SRL into environments and activities; and how educators can structure assessments and feedback to inform and empower learning.

**Part Three** pulls together ideas presented in Parts One and Two, giving rich case examples of how and why supporting SRL can assist educators in: meeting the needs of diverse students; motivating and empowering learners; and, ultimately, empowering 21st-century learning.
Pedagogical Features

- **Activities.** Activities will support you to work with and apply key themes from each chapter.
- **SRL Vignettes.** We present extended “SRL Vignettes” to help you imagine SRL in action both within and outside of schools. These boxes are designed to help you make connections between theory and practice.
- **Starting Small.** In our Starting Small feature, we offer examples of how other educators have taken first steps in building SRL-promoting practices into their own teaching.
- **Food for Thought.** Our Food for Thought feature will provoke your thinking about key ideas in relation to your own learning, practice, or inquiry.
- **SRL Planning Tools.** Many chapters contain a “SRL Planning Tool,” a template designed to help you consider how to integrate SRL-promoting practices into your own work with learners.
- **Links to Resources.** Links to Resources will direct you to accessible sources of additional tools, examples or information.

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